

Open Grade Rugby 2008

Newsletter No 6



Dear Students and Parents,

Weekly Quotes

"The Waratahs have a very good culture, great mentality and great work ethic. That's the foundation of all good teams. Team culture is what sustains you."

Michael Foley – Assistant Wallaby Coach

"Defence is all about attitude. It's a state of mind. If you don't turn up for a game full of energy, it's going to lead to problems."

Royce Simmons and Tim Sheens – West Tigers

Epping Boys' High School vs Asquith

Results: Won 22-12

Tries: Matt T, James S (2), Brodie

Conversions: Blake

Best and Fairest

3 Points – Matt T – winning try was just part of a dominant all-round performance. Great defence (but why did he have to do so much) and always advanced play.

2 Points – Luke H – same defence comment as Matt. Good service, good use of blind.

1 Point – Sam Chan – Strong game - some good 'hits.

1 Point – Tom Ware – Committed and effective in attack and defence

1 Point – Angus – best game of year – big, effective work rate

Good Points

- Attacked their lineout successfully (but their lineout was a shambles)
- Generally maintained composure despite our poor execution
- Strong finish
- Strong on line defence
- Forwards outplayed opposition
- Showed guts when Randwick had momentum

Areas of Improvement

- Defence – where was the 'up call' – we waited
 - missed far too many first up tackles
 - 'arm' tackles, foot 'not in the hoop'
 - lack of communication (especially outside backs)
- Execution (especially backs) – how? – improve communication, stand deeper, vary angles and lines (how many inside plays?)
- Communication – we were quiet
- Still need to use blind more
- Need to react quick, reposition quicker

General

They were a very, unstructured team with no set pieces and no set moves. However, they have some talented boys, some who are good from broken play and good on their feet. We did not start strongly, did not defend well (see above) and executed poorly.

Despite this, when momentum was with them and we made mistakes, we kept our composure, commitment, spirit and showed guts.

Be aware of the Epping-Randwick rivalry.

Pre season Games

- -v- Carson Graham, Canada - won 24 - 10
- -v- Semiahmoo, Canada - drew 17 -17

Zone Draw - First Grade/Results

Round	Date	Opposition	Venue	Time	Result
1	9 April	Asquith	EBHS	2.00pm	Won 76 - 5
2	30 April	Randwick	Randwick Boys	1.00pm	Won 22 - 12
3	7 May	Normanhurst	EBHS	2.00pm	
4	14 May	Ashfield	Ashfield Park	1.00pm	
5	21 May	Homebush	EBHS	2.00pm	
6	28 May	Asquith	Asquith Boys	2.00pm	
7	11 June	Randwick	EBHS	2.00pm	
8	18 June	Normanhurst	Normanhurst Boys	2.00pm	
9	25 June	Ashfield	EBHS	2.00pm	
10	2 July	Homebush	Hudson Park	2.00pm	
Semis	23 July		TG Millner	2.00pm	
Final	30 July		TG Millner	2.30pm	

Waratah Shield

Round 1 -v- St Ives at EBHS – 6 May at 1.30pm

Rugby Presentation Night – Tuesday 19 August at Epping RSL – 7.00pm

CHS Rugby Carnival – Week 6, Term 2, starting 3 June. Bye week for zone competition.

WAR CRY

HARCOO HARCOO
BANGALLAR WOLLOGA BIRRIGA HAY
NANNA GYASKI BONDEOLAY
HY COOKARAJAH, HY COOKERAY
EPPING FOREVER,
HOOP, HOOP HOORAY
E. P. P. I. N. G. EPPING

Enjoy your rugby

Bruce Jacob

5 May 2008