



OPEN GRADE RUGBY 2008 **Newsletter No 3, 2008**

Dear Students & Parents,

Weekly Quotes

Ingredients to succeed are resilience, a devoted group focus, toughness, a rounded lifestyle and a passion to improve the team culture. Robbie Dean – Wallaby Coach

As many – if not more – tries come from mistakes than creative general play. To minimise mistakes is to minimise the chance of an opponent scoring. The way to do this is to get the basics right. Andrew Johns and John Kosmina.

EBHS v Carson Graham

Results: Won 26-10

Tries: Matt T, James S, Angus, Nick W

Conversions: Blake (3)

Best & Fairest

3 Points – Blake – outstanding debut in 1st grade. Strong defence, strong leadership, outstanding commitment and always made yards.

2 Points – Kieran Desmond – outstanding in tight work, on the ball all day.

2 Points – Sam Chan – strong all round game.

1 Point – Matt Toole – led side around the field well, strong defence.

1 Point – Luke Hyman – led well. Good use of blind side (2 tries) and good service.

Good Points

- Tremendous defence – absolutely outstanding commitment. Defence reflects attitude and we had it!
- Maintained commitment and composure
- Very supportive of each other – great team spirit.
- Generally good ball presentation.

Area of Improvement

- Set pieces – scrum and lineout
- Backs to run straighter and vary angles more.
- More use of quick tape (airport)
- War Cry – homework needed – see the back of this page for words.

Semiahmoo Training

Training at 3.45pm on Monday. Game on Tuesday.

Rugby Presentation Night – Tuesday 19 August at Epping RSL – 7.00pm

WAR CRY
HARCOO HARCOO
BANGALLAR WOLLOGA BIRRIGA HAY
NANNA GYASKI BONDEOLAY
HY COOKARAJAH, HY COOKERAY
EPPING FOREVER,
HOOP, HOOP HOORAY
E. P. P. I. N. G. EPPING

Enjoy your rugby.

Bruce Jacob

19 March 2008